

The Care Management Team, LLC.

Comprehensive Care Plan

Date: Jul-11
Name: Joe Smith
Preferred Name: Joe
Address:
City: Emmett
State: ID
Zip Code: 83644
Home Phone: 208-555-5555
Date of Birth: 12/3/1936

Care Manager: Rebecca Higbee
Company: The Care Management Team, LLC.
Cell Phone: 208-344-3993
Office Phone: 208-344-3993

Family:

1. **Name:** Betty Smith
City/State: Emmett, ID
Relationship: Wife
Home Phone: 208-555-5555

2. **Name:** Julie Smith
Cell Phone: 208-111-6666
City/State: Boise, ID
Relationship: Daughter
Home Phone: 208-111-5555

3. **Name:** Ben Smith
Cell Phone: 208-111-4444
City/State: Boise, ID
Relationship: Son
Home Phone: 208-111-3333

Pets: Several cats and dog

Emergency Contacts:

1. **Name:** Betty Smith
Home Phone: 208-555-5555

2. **Name:** Julie Smith
Home Phone: 208-111-5555
Cell Phone: 208-111-6666

3. **Name:** Ben Smith
Home Phone: 208-111-3333
Cell Phone: 208-111-4444

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Medical Information (See Attached Medication List):			
Diagnoses:	Parkinson's		
Allergies:	NKDA		
Primary Care Physician:	Dr. Derick Shepard General Practitioner	Phone:	208-555-5555
		Fax:	208-555-4444
Secondary Physician:	Dr. Heart	Phone:	208-555-5555
Specialty:	Cardiology	Fax:	208-555-4444
Secondary Physician:		Phone:	
Specialty:			
 SEE ATTACHED MEDICATION LIST			
Pharmacy:			
Address:			
 Professional Advisors:			
THIS CLIENT HAS PROFESSIONAL ADVISORS, IF ANYONE ATTEMPTS TO MEET WITH THE CLIENT CONTACT CARE MANAGER IMMEDIATELY.			
Attorney:	Sisson and Sisson Elder Law		
Financial Planner/Trust Officer:	Dallas Cooper		
 Formal/Informal Support:			
Private Duty Home Care Company:	Homewatch Caregivers	Phone:	208-555-4444
Services Provided:	Caregiver		
Frequency:	minimum of four hours daily		
Primary Caregiver:	Sally		
 Medicare Home Care Company:	Legacy Home Health	Phone:	208-555-5555
Services Provided:	Physical and Occupational Therapy		
Frequency/Duration:	2-3 times a week for each service		
Name of clinician:	Gail PT	Phone:	208-555-5555
Name of Clinician:	Fred OT	Phone:	208-555-5555
 DME/Equipment:			
Equipment Provided:	Norco Equipment purchased Hospital bed, Toilet seat riser, wheelchair, front wheel walker.		

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Neighbors/Friends:

- | | |
|---------------|--------|
| 1. Name | Phone: |
| Relationship: | |
| 2. Name | Phone: |
| Relationship: | |
| 3. Name | Phone: |
| Relationship: | |

Personal Information:

Relationships (i.e. spouses/partners; family):

Joe has a daughter Julie and a son Ben. Both live in Boise and are very involved in their lives. Please feel free to call them with question or concerns.

Occupation/Residencies/Hobbies:

Joe and Betty raised their family together in Emmett, ID.

Their family has been very involved in the community with the Emmett Cherry Festival

Emergency Plan:

Home/Medical Emergency: 1. Call 911 2. Call Care Manager
Hospital Preference:

Natural Disaster: Location of Comprehensive Plan

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Goals & Objectives/Tasks:

1. Goals
Objectives/Tasks
To stay at home safely and ensure the right services are in place at all time to support Joe and Betty.
 1. Personal Caregiver to come into home everyday for at least four hours a day.
 2. Home Health to continue therapy while in the home to improve strength and balance.
 3. Care Manager to visit periodically to ensure safety of home plan.

2. Goals
Objectives/Tasks
Medications be given at the correct time and dose every day.
 1. Medication dispenser be used and filled to ensure correct time and dosage.
 2. Daughter, Son and Care Manager to fill and ensure correct dosages and times.
 3. Caregiver to give AM pills, Wife to give both early and late afternoon pills and caregiver to give evening pills out of medication dispenser.

3. Goals
Objectives/Tasks
Joe to remain safe in the home and not sustain injury or fall.
 1. Joe to use walker at all time while in the home and on his property.
 2. Joe to be use wheelchair while at extended outings.
 3. Home health to evaluate periodically for strength and balance.
 4. Joe to have assistance from Caregiver for dressing, bathing, toileting, and going outside.
 5. Fall alert system to be rented or purchased for Joe's daily use.

4. Goals
Objectives/Tasks
Joe' weight will remain stable and his nutrition level to remain high.
 1. Caregiver to assist while meal preparation and meal planning.
 2. Betty and family will do grocery shopping and have meal plan set.
 3. Caregiver to ensure Joe is getting breakfast and dinner and plan for a lunch to be given by Betty.
 4. Snacks will be offered and available for Joe at all times.

5. Goals
Objectives/Tasks
Skin to remain healthy and intact.
 1. Caregiver to offer restroom to Joe at each time of medication dispensing.
 2. Caregiver to inspect skin at each bathing / showering and to notify Care Manager with any changes.
 3. Caregiver to offer fluids frequently through the day.
 4. Linens and clothes to be changed with each incontinent episode, at a minimum daily clothing changes and weekly linen changes.

6. Goals
Objectives/Tasks
Joe' activity level and social interactions to remain high.
 1. As time permits for caregiver, caregiver will walk Joe around property.
 2. Caregiver will take Joe for weekly trips out to school track to walk when weather permits
 3. Family to visit and call frequently to check in and socialize with Joe.

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General Daily Routine Times are Approximate

Time	Activities
8:00 - 10:00	Caregiver to arrive at Joe' home. Give medications from dispenser, toilet, shower, dress, and prepare breakfast. A lunch time meal to be planned.
10:00 - 12:00	Morning Activities with Betty.
12:00 - 2:00	Lunch
2:00 - 5:00	Afternoon Activities, Appointments, occasional trips to The Cottages for Respite
6:00 - 8:00	Caregiver to have prepare dinner, do activities light housekeeping, dress
Insert Time	Joe for bed, given evening meds, and toilet.

General Weekly Schedule

Monday	Caregiver to vaccum living room floors and sweep kitchen
Tuesday	Caregiver to do Joe' laundry and linens.
Wednesday	Caregiver to straighten up Joe' room and bathroom.
Thursday	Caregiver to vaccum front room.
Friday	Caregiver to dust living area and front room.
Saturday	Caregiver to do Joe' laundry and linens.
Sunday	Caregiver to ensure kitchen counters are cleaned off and dishes put away.

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Care Instructions

Activity	Specific Instruction
Medication Management	Medications will be dispensed from a med dispenser filled by family.
Personal Care:	Allow Joe to do as much of his ADL's as possible
Bathing	Ensure that everything is ready prior to showering.
Dressing	Allow Joe to do dressing from waist up and assist with waist down.
Oral Care	Get everything ready for Joe and allow him to brush on his own with your guidance.
Toileting	Toilet with after each medication time at a minimum.
Nails	Clean nails weekly at a minimum and as needed.
Other	Offer activities frequently.
Ambulating	Joe is to use his walker at all times while at home and wheelchair while out.
Meal Preparation	Betty and family to plan meals, caregiver to assist with preparation.
Breakfast	Caregiver to prepare and give breakfast.
Lunch	Betty to give lunch prepared earlier by caregiver.
Dinner	Caregiver to prepare and give dinner.
Snacks	Snacks to be available and offered frequently.
Grocery Shopping	Family will do grocery shopping.
Laundry	Caregiver to assist with Joe' laundry at a minimum of twice a week.
Housekeeping	Caregiver to assist with light housekeeping as defined in contract.
Day Shift	Offer activities frequently.

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Evening Shift	Assist with planning for the next day.
Special Projects	To be determined.
Hobbies and Favorite Activities	Joe enjoys playing cards and listening to jazz music.
Other	